



SASH Technique

SASH is the acronym used when giving any medication through an IV. Each letter stands for the following...

S: Saline _____ cc saline flush (White cap)

A: Administer medication

S: Saline _____ cc saline flush

H: Heparin _____ cc heparin flush (Blue cap)

✚ If giving more than one medication via IV, the acronym would then be...

S: Saline

A: Administer medication #1

S: Saline

A: Administer medication #2

S: Saline

H: Heparin

**If more than one lumen, flush each with:
Saline _____ cc Heparin _____ cc
daily

TIPS

- Never force the flush or medication. You may use some gentle pressure with your thumb. If at first it doesn't flush, try rotating your arm with the PICC in a circular motion at shoulder. Cough deeply and then re-try. Make sure clamps are OPEN.
- Always cleanse the tip of the PICC line with alcohol pads using friction and allow drying prior to use (15 seconds).
- Don't empty the syringe when flushing the saline and heparin...push the plunger to reach the last small lines.
- Tap or "pulse" the syringe when administering flushes.